



Prevident[®]

Prevident[®] is a prescription fluoride indicated for ***once daily topical use, preferably at bedtime.*** It comes in two forms – toothpaste or gel. It is well established that sodium fluoride is safe and extraordinarily effective as cavity prevention when applied properly and frequently.

As part of Chestnut Dentals' preventive program we are recommending Prevident[®] to our patients who have a high decay rate. It is also a valuable addition to orthodontic treatment since it can decrease the risk of decalcification/white spots around the braces.

Use in pediatric patients requires special adult supervision to prevent ingestion of excessive amounts of fluoride. ***Treat Prevident[®] like any other prescription medication and keep it out of the reach of infants and children.***

Directions for Prevident Gel[®]

1. Floss
2. Brush thoroughly with regular toothpaste and rinse as usual
3. Apply a thin smear of gel to the teeth with a toothbrush
4. **SPIT OUT EXCESS GEL**
5. **DO NOT RINSE**
6. **DO NOT SWALLOW**
7. Do not eat or drink afterwards

Directions for Prevident 5000 Toothpaste[®]

1. Floss
2. Use instead of regular toothpaste
3. Brush thoroughly with a thin smear of Prevident toothpaste[®] for 2 minutes
4. **SPIT OUT EXCESS GEL**
5. **DO NOT RINSE**
6. **DO NOT SWALLOW**
7. Do not eat or drink afterwards

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